

SO YOU'RE GOING TO HAVE A MENTOR . . . WHAT DOES THAT MEAN?

A mentor is a friend, a guide, and a role model.

He (or she) is a volunteer who wants to make a positive difference in your life. Your mentor has chosen to work with one youth in a trust relationship to be of help and encouragement.

A mentor is also someone:

- ❖ To feel comfortable with
- ❖ To learn from
- ❖ To do things with
- ❖ To go to for advice & understanding
- ❖ To have fun with
- ❖ You can depend on
- ❖ Who respects your boundaries

A mentor is selected from applicants who have passed background checks and screening, provided references, and gone through interviewing and training with the director of the Mentor Program. Mentors are over 21 years of age, are willing to commit to at least 1 year with the program, and participate in on-going training.

When you . . . the mentee . . . are matched with a mentor, a number of points are considered:

- ❖ Your interests, abilities, likes & dislikes, needs, etc.
- ❖ Your daily/weekly schedule
- ❖ The mentor's schedule
- ❖ Your advocate's or guardian's approval

As a mentee you are expected to:

- ❖ Give the relationship an honest effort
- ❖ Get to know your mentor & let your mentor get to know you
- ❖ Learn/try new things
- ❖ See life from a different perspective
- ❖ Be cooperative and truthful

